

WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato Fusilli Pasta Bake WHEAT & MILK	Chilli Con Carne CELERY	Sweet Potato & Paneer Curry MILK	Jerk Chicken	Panko Crumbed Fresh Fish of the Day FISH, EGGS & WHEAT
MAIN (OPTION 2)	Green Pesto Pasta WHEAT	Chilli Sin Carne CELERY	Sri Lankan Coconut Daal	Jerk Halloumi MILK	Crispy Fried Vegetable Pakoras
SIDES Where main includes, portion will be offered as optional extra	Wholemeal Bread WHEAT	Tortilla Wraps and Salsas WHEAT	Basmati Rice	Jollof Rice	Skin on Potatoes, Tartare Sauce with Capers & Cornichons & Homemade Ketchup EGGS & SULPHITE
VEGETABLES	Roasted Broccoli Salad Of The Day	Smoked Paprika Sweetcorn Salad Of The Day	Roasted Fine Beans Salad Of The Day	Rainbow Coleslaw SULPHITES	Minted Peas
EXTRAS	Fresh Fruit Available Daily				

Week Commencing:

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available



WHAT'S FOR LUNCH?

SPRING 2
WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Macaroni Cheese WHEAT & MILK	Sweet & Sour Chicken SOY, SULPHITES	Chipotle Chicken	Lasagne Al Forno WHEAT, MILK	Panko Crumbed Fresh Fish of the Day FISH, EGGS & WHEAT
MAIN (OPTION 2)	Tomato, Spinach & Olive Rigatoni WHEAT	Sweet & Sour Tofu SOY, SULPHITES	Mexican Beans SULPHITES	Vegetarian Lasagne WHEAT, MILK	Crispy Fried Vegetable Pakoras
SIDES Where main includes, portion will be offered as optional extra	Wholemeal Bread WHEAT	Jasmine Rice	Tacos, Dips and Chilli Sauce WHEAT, DAIRY	Rosemary Roasted Broccoli	Skin on Potatoes, Tartare Sauce with Capers & Cornichons & Homemade Ketchup EGGS & SULPHITE
VEGETABLES	Honey Roasted Carrots Salad Of The Day	Stir Fried Vegetables Salad Of The Day	Carrot, Coriander & Lime Salad Green Salad	Chickpea, Herb & Lemon Salad	Minted Peas

EXTRAS

Fresh Fruit Available Daily

Week Commencing:

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